

# Is this person safe?

Sometimes it can be hard to tell if a person is being nice because they are your friend, or if there is another reason.

If you are a young person or an autistic person and you're worried about the way someone is behaving, you can use this list to help you decide what to do.

Think about these questions:

- Do they **treat you differently** to other people, including friends?
- Do they give you **gifts**, but not anyone else?
- Do they ask you **personal questions** that you don't really want to answer?
- Do they talk with you in **private** about things that other adults don't talk about? (this could also be messages online or on your phone)
- Do they want you to make **promises**?
- Do they ask you to keep **secrets**?
- Do they try to spend time with you **alone**?
- Did they **touch you** in a friendly way at first, but now they touch you more?
- Do you feel **scared**, or funny in a bad way when you think about them?

- Do they **pay attention** to you, and then sometimes to other people to make you feel **jealous**?
- Have they ever **threatened** or **hurt** you?

### Did you answer YES to 2 or more of these questions?

Please tell someone in private about what is happening (but not the person making you feel unsafe!) You can tell a **parent** or other adult family member, a teacher, a **doctor** or specialist, or at **Different Journeys** you can tell **Merrin Ayton** or **Annette White**.

At Different Journeys, you will never get in trouble for telling someone that you feel unsafe. For more information, you can contact us at [differentjourneys@gmail.com](mailto:differentjourneys@gmail.com) or 0490 774 068.

#### RESOURCES:

[Child sexual exploitation and grooming \(education.vic.gov.au\)](https://education.vic.gov.au)

<https://bravehearts.org.au/what-is-grooming/>

<https://raisingchildren.net.au/school-age/safety/online-safety/grooming-signs>

<https://www.esafety.gov.au/parents/big-issues/unwanted-contact>

#### Links to sheets and resources here too:

<https://bravehearts.org.au/what-we-do/education-and-training/for-parents/>